

College of Naturopathic Physicians of British Columbia

Continuous Quality and Professional Improvement

Self-Review

Goals

An opportunity to reflect on your personal naturopathic practice.

To identify your learning needs

An opportunity to identify those areas of your practice where you may need further education or skills enhancement

Methodology

Learning objectives include completing a self-assessment of practice based on Quality Assurance standards. This requires implementing a learning plan based on the self-assessment and peer feedback.

Naturopathic Physicians will review and assess their own practice against the CNPBC Standards of Practice (Refer to CNPBC website).

Self assessment is a method to help identify areas of competency and areas that require further improvement.

Please rate yourself on each of the statements listed using the scale provided.

- 1 = Definitely needs improvement
- 2 = Some improvement needed
- 3 = Adequate
- 4 = Good
- 5 = Excellent
- UA = Unable to assess

1. I communicate effectively with patients, and when appropriate, their families and significant others.

1	2	3	4	5	UA
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. My medical history taking is concise, legible and clearly documents all patient concerns.

1	2	3	4	5	UA
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. I maintain confidentiality of patients and their families.

1	2	3	4	5	UA
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. All patient files are stored in a controlled area for a minimum of 7 years after the last patient contact, in accordance with CNPBC guidelines.

1	2	3	4	5	UA
0	0	0	0	0	0

5. My chart notes are complete and in SOAP format.

1	2	3	4	5	UA
0	0	0	0	0	0

6. I make an appropriate and thorough diagnosis in a timely fashion consistent with naturopathic philosophy and principles.

1	2	3	4	5	UA
0	0	0	0	0	0

7. I select diagnostic tests appropriately.

1	2	3	4	5	UA
0	0	0	0	0	0

8. I select appropriate treatment plans consistent with naturopathic philosophy and principles.

1	2	3	4	5	UA
0	0	0	0	0	0

9. I practice within the scope of my Naturopathic medical license and level of certification.

1	2	3	4	5	UA
0	0	0	0	0	0

10. I understand the limitations of my skills, knowledge and scope of practice.

1	2	3	4	5	UA
0	0	0	0	0	0

11. I refer patients when appropriate and effectively communicate referral information.

1	2	3	4	5	UA
0	0	0	0	0	0

12. When needed, I practice transfer of care professionally in accordance with CNPBC guidelines. For example: discharge of a patient, retirement, selling my practice and patient transfer.

1	2	3	4	5	UA
0	0	0	0	0	0

13. I collaborate with other health care practitioners through medical consultations and referrals.

1	2	3	4	5	UA
0	0	0	0	0	0

14. I continuously update my knowledge base through research and education specific to the therapies and modalities I use in my practice.

1	2	3	4	5	UA
0	0	0	0	0	0

15. I facilitate regular staff meetings and conduct staff reviews.

1	2	3	4	5	UA
0	0	0	0	0	0

16. I maintain a personal life balance.

1	2	3	4	5	UA
0	0	0	0	0	0

17. I mentor colleagues, particularly new entrants to the profession.

1	2	3	4	5	UA
0	0	0	0	0	0

18. I educate individuals and communities by providing lectures, forums or written material on the principles and practice of Naturopathic Medicine.

1	2	3	4	5	UA
0	0	0	0	0	0

19. I have completed my Office Checklist for this year.

1	2	3	4	5	UA
0	0	0	0	0	0

Take a moment to reflect on your practice and create a written comment to these 3 statements.

1. These are my top areas of strength:

2. These are the broad areas in which I need to improve:

3. These are the skills/ knowledge areas I need to develop to improve my practice:

I have completed this Self Review independently and it is my own best reflection of my current practice as a Naturopathic Doctor

Signature

Date

A copy of this signed off document is to be kept in the ND's professional development portfolio