

## **BINM Needlestick, Blood and Body Fluid Exposure Management Protocol**

If you are exposed to blood or body fluids from either a needle stick injury or splash, it is **IMPERATIVE** that you follow the following steps:

1. If you were stuck by a needle or sharp:
  - a. **allow the wound to bleed freely.**
  - b. **DO NOT squeeze or force blood out of the wound**
2. **Immediately wash the area thoroughly with soap and water.** DO NOT apply bleach to the wound or soak the wound in bleach.
3. If the incident was a splash:
  - a. **flush eyes and affected mucous membranes with water or normal saline** using the eyewash station if necessary
4. Notify a Clinical Supervisor, Clinic Manager or Resident immediately
5. The supervisor will have one of your peers accompany you to the ER if you need support at the ER.
  - a. The closest ER is one skytrain stop away at Sapperton station  
**Royal Columbian Hospital**  
**330 East Columbia Street**  
**New Westminster, BC, V3L 3W7**  
**Phone: 604-520-4438**
6. The supervisor will Call and inform the ER that you are a student who has had Blood/Body Fluid exposure, and the nature of the exposure
7. The source of the exposure (the patient) should be tested as well.
  - a. The patient can choose not to be tested and/or go to the ER
  - b. Inform the source that It is extremely important to be tested, and that all information will be kept confidential
  - c. If appropriate, and the patient gives consent, you may inform the ER attending that the source is potentially carrying an infectious disease.
8. A BNMC Incident Report must be submitted by the Supervising doctor, Manager or Resident attending the situation as well as the Intern(s) involved.
  - a. These reports are required to be submitted to the Chief Medical Officer within 48 hours of the incident
9. External sites have the same protocol. Please review the External Clinic Operations Manual to be familiar with the nearest Hospital to the external site you are attending.

***\*THE OPTIMUM TIME BETWEEN ANY EXPOSURE AND ANTIRETROVIRAL THERAPY IS LESS THAN 2 HRS. \****

## Addendum

1. HealthLinkBC – Accidental Needle Sticks: <https://www.healthlinkbc.ca/health-topics/tw13033>
2. British Columbia Ministry of Health - Management of Percutaneous or Permucosal Exposure to Blood and Body Fluid/ Laboratory Requisition: <https://www2.gov.bc.ca/assets/gov/health/forms/2339fil.pdf>