



## Restricted Activities for Naturopathic Doctors: Limits and Conditions

This document contains information regarding Naturopathic Doctors' (NDs) scope of practice as set out in the Naturopathic Physicians Regulation (Regulation) under the *Health Professions Act*.

Additional scope of practice information is included in the College of Naturopathic Physicians (CNPBC) Bylaws and Standards of Practice.

The purpose of this document is to identify the **CNPBC Limits and Conditions** assigned to the Restricted Activities granted to NDs in the Regulation.

- 'Restricted Activities' are higher risk clinical activities that must not be performed by any person in the course of providing health services, except members of a regulated profession that has been granted specific legislative authority to do so, based on their education and competencies.
- 'Limits' identify what NDs are not permitted to do.
- 'Conditions' identify the circumstances under which NDs may carry out an activity.

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### Revision Log

Revision Date	Revisions Made
April 13, 2022	Published by CNPBC
November 7, 2022	5(1)(d) - Revision of limits to include areas prohibited for injectable fillers
January 19, 2023	5 (1)(d) - Revised Limits and conditions for Injectable Fillers 5 (1)(e) - Added links to PHSA competencies and decision support tools 5 (1)(i) - New Limits and Conditions for the use of IM/IV iron
January 24, 2023	5 (1)(i) – Revision of limits and condition to IV therapy to include certification in Prescriptive Authority and current NALS

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5 (1) A registrant in the course of practising naturopathic medicine may do any of the following:

5 (1) (a) use naturopathic techniques to make a diagnosis identifying, as the cause of signs or symptoms of an individual, a disease, disorder or condition;

5 (1) (b) perform a procedure on tissue

- (i) below the dermis, or
- (ii) below the surface of a mucous membrane;

***CNPBC Limits and Conditions***

*Registrants must hold CNPBC certification in **Acupuncture** prior to engaging in acupuncture.*

5 (1) (c) move a joint of the spine beyond the limits the body can voluntarily achieve but within the anatomical range of motion using a high velocity, low amplitude thrust;

***CNPBC Limits and Conditions***

*Registrants that practice Spinal Manipulation Therapy (SMT) must attend continuing education in SMT.*

5 (1) (d) administer a substance

- (i) by injection,
- (ii) by inhalation,
- (iii) by irrigation,
- (iv) by enteral instillation or parenteral instillation, or
- (v) using a hyperbaric chamber.

***CNPBC Limits and Conditions***

1. *Registrants must hold CNPBC certification in **Facial Mesotherapy, Fat Reduction and Body Contouring and Prescriptive Authority** and have current qualification in Naturopathic Advanced Life Support (NALS) prior to providing Facial Mesotherapy, Fat Reduction and Body Contouring.*
2. *Registrants must hold CNPBC certification in **Cosmetic Botulinum Toxin and Prescriptive Authority** and current qualification in Naturopathic Advanced Life Support (NALS) prior to providing cosmetic botulinum toxin.*
3. *Registrants must hold CNPBC certification in **Botulinum Toxin: Medical/non-Aesthetic and Prescriptive Authority** and current qualification in Naturopathic Advanced Life Support (NALS) prior to injecting botulinum toxin for the following: Temporomandibular Joint (TMJ) Syndrome; headaches and migraines; and hyperhidrosis.*

*This activity cannot be ordered or delegated to another person.*

*Registrants must only use botulinum toxin substances that are approved by Health Canada and are included in the pharmacopeia of naturopathic physicians with Prescriptive Authority.*

4. Registrants must hold CNPBC certification in **Injectable Fillers and Prescriptive Authority** and current qualification in *Naturopathic Advanced Life Support (NALS)* prior to providing injectable fillers.

*Registrants must hold Provisional 1 Injectable Fillers certification or higher to utilize Hyaluronic Acid injectable fillers in the lips, cheeks, chin, marionettes, nasal folds (with cannula only) and jawline.*

*Registrants must hold Provisional 2 Injectable filler certification or higher to utilize any Health Canada approved injectable fillers (Hyaluronic acid, Biostimulators, and threads) into the glabella, forehead, nose (bridge, tip and nasolabial junction), pyriform, nasal folds (with needle), tear troughs, eyelids, temples and body.*

*Injecting dermal fillers into the genitalia is prohibited.*

5. Registrants must hold CNPBC certification in **Platelet Rich Plasma (PRP) and Prescriptive Authority** and current qualification in *Naturopathic Advanced Life Support (NALS)* prior to injecting PRP below the dermis of the face, neck, scalp, and hands.
6. Registrants must hold CNPBC certification in **Hyperbaric Oxygen (HBO) and Prescriptive Authority** and current qualification in *Naturopathic Advanced Life Support (NALS)* prior to practising HBO.
7. Registrants must hold CNPBC certification in **Ozone and Oxidative Therapies and Prescriptive Authority** and current qualification in *Naturopathic Advanced Life Support (NALS)* prior to engaging in ozone and oxidative therapies.

*Depending on the approach to therapy, **IV Therapy Certification, IV and Chelation Therapies Certification** or **Advanced Injection Therapies Certification** may be required.*

8. Registrants must hold CNPBC certification in **Advanced Injection Therapies and Prescriptive Authority** and current qualification in *Naturopathic Advanced Life Support (NALS)* prior to engaging in advanced injection therapies.

*Stromal Vascular Fraction injections, bone marrow injections, and related injections are prohibited.*

*Stellate ganglion blocks are prohibited.*

*Intra-vaginal injections and intra-cavernous injections are prohibited.*

*Devices used for advanced injection therapy must have an **Active Medical Device** licence from Health Canada (search Health Canada's Medical Devices Active Licence Listing by "Device name").*

5 (1) (e) put an instrument or a device or finger:

- (i) into the external ear canal, up to the eardrum
- (ii) beyond the point in the nasal passages where they normally narrow
- (iii) beyond the opening of the urethra
- (iv) beyond the anal verge, or
- (v) into an artificial opening into the body.

***CNPBC Limits and Conditions***

1. ***Registrants must hold certification in **Intrauterine Device (IUD) Insertion and Prescriptive Authority** prior to inserting an IUD.***
2. ***Registrants who carry out pelvic exams or cervical cancer screening must possess the competencies established by the Provincial Health Services Authority (PHSA) and follow decision support tools established by PHSA.***

5 (1) (f) put into the external ear canal, up to the eardrum, a substance that is under pressure.

5 (1) (g) apply:

- (i) ultrasound for diagnostic or imaging purposes, including any application of ultrasound to a fetus,
- (ii) electricity for the purposes of destroying tissue in the course of minor surgery, or defibrillation in the course of emergency cardiac care, or
- (iii) X-rays for diagnostic or imaging purposes, excluding X-rays for the purpose of computerized axial tomography;

5 (1) (h) issue an instruction or authorization for another person to perform, in respect of a named individual, a restricted activity specified in paragraph (g) (i) or (iii);

***CNPBC Limits and Conditions***

***Writing orders for or delegating restricted activities is prohibited.***

5 (1). (i) in respect of a drug:

- (i) prescribe the drug,
- (ii) compound the drug,
- (iii) dispense the drug, or
- (iv) administer the drug by any method;

***CNPBC Limits and Conditions***

1. ***Registrants must hold certification in **Prescriptive Authority**, have access to Pharmanet, and current qualification in Naturopathic Advanced Life Support (NALS) prior to prescribing, compounding, dispensing, or administering a drug.***

2. *Registrants must hold certification in **Immunization and Prescriptive Authority** prior to prescribing or administering vaccines. Registrants must follow decision support tools established by the BC Centre for Disease Control when administering vaccines.*

*Naturopathic physicians only compound, dispense, or administer immunoprophylactic agents identified by the BC Centre for Disease Control (BCCDC).*

3. *Registrants must hold certification in **IV Therapy and Prescriptive Authority** and current qualification in Naturopathic Advanced Life Support (NALS) prior to engaging in IV therapy.*

*Registrants must hold certification in **IV Therapy and Chelation Therapies** prior to engaging in chelation therapy.*

*Registrants must obtain additional education<sup>1</sup> in intravenous (IV) and intramuscular (IM) iron prior to administration of IV and IM iron.*

5 (1) (j) if nutrition is administered by enteral instillation or parenteral instillation

- (i) select ingredients for a therapeutic diet,
- (ii) compound a therapeutic diet, or
- (iii) dispense a therapeutic diet

5 (1) (k) conduct challenge testing for allergies

- (i) that involves injection, scratch tests or inhalation, if the individual being tested has not had a previous anaphylactic reaction, or
- (ii) by any method if the individual being tested has had a previous anaphylactic reaction

### ***CNPBC Limits and Conditions***

*Must have current Naturopathic Advanced Life Support (NALS) and emergency equipment in place including epinephrine.*

5 (1) (l) conduct desensitizing treatment for allergies

- (i) that involves injection, scratch tests or inhalation, if the individual being tested has not had a previous anaphylactic reaction, or
- (ii) by any method if the individual being tested has had a previous anaphylactic reaction.

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<sup>1</sup> "Additional education" is structured education, e.g., workshop, course, program of study, designed so that registrants can attain the competencies required to carry out a specific activity as part of naturopathic practice. Additional education builds on the entry-level competencies of naturopathic doctors; identifies the competencies expected of learners on completion of the education; includes both theory and application to practice, and includes an objective, external evaluation of learners' competencies on completion of the education. The term does not refer to a course or program approved for a CNPBC certification.

***CNPBC Limits and Conditions***

*Must have current Naturopathic Advanced Life Support (NALS) and emergency equipment in place including epinephrine.*

5 (1) A registrant may perform only surgery that is minor surgery.

**"minor surgery"** means a surgical procedure that

- (a) is performed, for a diagnostic or therapeutic purpose, on a superficial anatomical structure, and
- (b) does not involve:
  - (i) sedation, general anaesthesia or respiratory assistance, or
  - (ii) a material risk to life.